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NLP Training in Austria

*A structured approach to professional NLP practitioner
training using video based peer-group reviews*

The Austrian Training Center for NLP was founded in 1984 by
Doctors Helmut Jelem, Brigitte Gross, Siegrid Schneider and the
author. As our mentors Gene Early, Robert Dilts and Joanne Riou
(Quebec) had installed in us a desire for quality training, we started
to look for ways to really improve training methods.

First we decided that two- or three-week-long certification train-
ings may be a nice form of NLP-clubbing and valuable summercamp
learning equivalents, but in themselves rarely constitute profes-
sional training. Development over time is important, so our thirty-
day NLP diploma training is spread out over a year.

Second, we introduced a five-day intensive assessment workshop
prior to the thirty-day training. In this context, we also conduct a
private and personal interview with each applicant so that we can
filter out or guide people with severe health or emotional problems,
or a history of substance abuse, before they embark on the train-
ing.
   For instance, if you do trance reframing demos on day ten of the
course, and you do not know that your student is entering trance so
quickly not because you are such a great Miltonist, but because she
is gliding into a hypoglycemic (diabetic) coma, this is an accident
waiting to happen. And it also is a very good idea to know before-
hand if one of your participants has been traumatized by abuse in
childhood.

Third: as early as 1987, we instituted peer groups in addition to our thirty-day training. The groups, of four to eight people, meet once or twice a month. We ask each peer group to provide minutes of their meetings, highlighting any questions that have arisen during the work. These minutes have to be submitted before the next training session.