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Games as a Way of Presenting NLP

Those of us who use NLP professionally often feel a desire to do more with NLP for ourselves in our own lives. Just as we would like to do more for our clients, our colleagues and our students. But a busy schedule with multiple time pressures often prevents us from using NLP as much as we would like. There is always that article to finish, that meeting to prepare, that extra session to do. . . . And thinking of our clients and students, we would certainly like some of *them* to do more with NLP! But again, we simply don't have the time or the energy to provide all the exposure to NLP we would like to offer them. And that's where NLP games come in. In this article I shall first take a look at an NLP card game, and from there I shall examine the broader issue of pros and cons of games as ways of presenting NLP techniques.

The Nano Tech Power Deck is a card game, designed to provide a source of NLP that is not limited by the amount of time and energy available from an NLP-trained professional. It embodies many of the principles and procedures of NLP in a playful format. It is only a deck of cards, and yet it often brings about developments and insights that people had wanted but not achieved before. The Deck helps people, each time in a different way, to achieve goals, to solve problems, to develop personal strengths, to overcome personal weaknesses, to obtain unexpected advice and, last but not least, to relate in a new way to the people they play with. No need to make an appointment or to go to someone's office. With the Deck at hand, one has a readily available source of NLP, one that is especially effective with people who have already had some NLP training.

The structure of the game

Essentially, the Nano Tech Deck combines the modern psychological techniques of NLP with the old principles of the oracle, as they have been passed down to us by Greek, Celtic and Germanic civilizations.